Federal Hocking students were able to sample plenty of places they might go after graduation at Federal Hocking’s “Career Day” last November at the middle and high school. Forty business and professional people from our community volunteered their time to come talk with our students about careers in architecture to farming, nursing to photography, social work to artificial intelligence and more.

Renee Ripple, FH Internship Coordinator organized the day. “It wouldn’t have been possible without the fantastic response from the community and help from all the teachers,” she noted. “We exposed students to careers they may not have known about, and what they need to do in high school and beyond to get there.”

One of the very special parts of the day was the number of Federal Hocking Alums that came to present. “It was great seeing our graduates come and talk to future graduates,” noted Amy Buchman, the Middle and High School Counselor who helped coordinate the day. “Seeing people just like you, who walked these halls, successful in life after school is inspiring to students.”

“IT’s great to be back, but tell me, were we like this when we were walking these halls?” laughed area farmer and alum Robbie Phillips between sessions. “Honestly, I love this, talking to kids about what I do, showing them what they can do, what could be better?”

“We want to thank everyone in the community who came out to help with this day,” Noted Superintendent David Hanning (a full list of participants on next page). “It’s one of the things I love about being here, the way the community comes out to do whatever our students need.”

There is no telling what inspired which student on Career Day, but one overheard comment by a student going to a session on guitar making summed it up: “There sure is a lot of cool stuff to do when you grow up, guess I should pay more attention in class from now on.”

Pictured above left, back row, left to right: Toni Jago Holdcroft (FH ’74), Olivia Bailey (FH ’17), Crystal Norton-Bolin (FH ’04), Nick Russell (FH ’02), Robbie Phillips (FH ’97), Matt Dodd (FH ’94), Charles Lantz (FH ’19). Front row: Alexandra Williams (FH ’12), Kate Blythe (FH ’13), Roberta Pullins Washburn (FH ’97), Levi Cunningham (FH ’11), Ticia Hart Jarvis (FH ’89).

Pictured above right, left to right: Jim Allen (FH ’72), Brad Maxwell (FH ’88), J.C. Varner (FH ’97)

“You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.”

Oh, the Places You’ll Go by Dr. Seuss
Career Day at Federal Hocking
Thanks to all of these fine folks that came out to share with our students on Career Day

Rob Weiler, College Admissions
Sam Whitberg, Postal Service
Rob Phillips, Cattle Farming
Michael Boyd, Auto Technology and Sales
Crystal Trout, Mental Health Counseling
Jordan Endres, Human Resources
Kerri Shaw, Social Work
Will Tevis, HVAC
Jack Hadley, Solar Power Installation/Development
Tisha Jarvis, Megan Spergin, and Crystal Bolin, Nursing
Lauren Genter, Midwife
Toni Jago, Real estate
Alex Williams, Radiology
Jeff Linscott, Military Careers
Paula Linscott, Teaching

Beth Ferrier, Law Careers
Chuck Lantz, Heating, Cooling and Plumbing
Dan Erlewine, Guitar Building and Music
Kate Blyth, ODNR
Danny Yahinni, Construction and Woodworking
Honorable Judge George Macarthy, Legal Careers
Matt Dodd, Audiology
Leila McAvoy and Kayla Pasqualone, Massage Therapy
Chip Linscott, Virtual Reality
Kenneth Bailey, Plumbers and Pipe Fitters Union
Clarissa Hitchinson, Occupational Therapy
Steven Shockley, Auto Sales

Jennifer L'Hereux, Visual Arts
David Ankrom, MedFlight
Athens County EMS
Ames/Bern and Coolville Volunteer Fire Departments
Jeremy Biddinger, Architecture and CAD
Debbie Lazorik, Sports Management
Jeanne Arbuckle, Sports Coaching
Chris Schermacker, Airline Pilot
Levi Cunningham, Information Technology
Nick Russell, Firefighting
Chip Robinson, Law Enforcement
Thom Williams, Broadcasting
Oliva Bailey, Cosmetology
Gerry Hilferty, Museum Design
Raven Williams, Photography
“One of the things that stands out to me, traveling around the district and visiting classrooms and schools, is that students at Federal Hocking do a lot of learning by doing.” This was one of the observations that Federal Hocking Superintendent David Hanning made after his first few months on the job. “No matter where I go, I see hands on projects, students working with community members, and plenty of active engagement,” he added.

Research on student learning and retention has always shown that the more actively engaged student is in his/her learning the more likely they are to learn concepts and information. More importantly, students also are more likely to retain what they learn from active learning experiences.

STUDENTS & COMMUNITY

Learning by Doing

Did you know that one honey bee has to fly about 90,000 miles — that’s three times around the globe — to make one pound of honey? That the average bee will make only 1/12th of a teaspoon of honey in its lifetime? And that a honey bee visits 50 to 100 flowers during a collection trip, flying for up to six miles, as fast as 15 miles per hour? Well you might not, but students in the Agricultural Sciences at FH Middle and High School do!

Federal Hocking is one of only a few schools in the state that keeps bees.

The first hives were bought over a year ago and have since been split. Another swarm was captured on Mansfield Rd. and we currently have ten hives and two more have been given to FFA students to start their FFA SAE project.

Grant money from Tractor Supply Co. and the National FFA also supports the program, providing funds for bees and materials.

“Seventh and eighth grade students have learned about bees, why they are important, how they tie into the school prairie as pollinators, and how to care for them,” notes Agricultural Science teacher Joann Pfeiffer. “Our Ag Woods students have built hives and frames and our upperclassmen have designed a workshop that they used for 4th grade Ag Day (for all of the 4th graders in the county) about bees and their jobs.”

Students have also learned that honey bees, vital to all of the fruits and vegetables we eat, are under stress. “We hope they see the value of all parts of the agricultural process,” adds Scott Pfeiffer who also teaches Agricultural Science. “Without bees, we don’t eat!”

“Tell me and I forget. Teach me and I remember. Involve me and I learn.”

Benjamin Franklin

Buzzing with the Bees

At Federal Hocking we put our own twist on active learning. We combine it with community involvement. Teachers in the district find many ways in which their lessons can be taught through the active engagement of students in the community and environment around them. You will often find our students on field trips, meeting with community members, providing community service, and getting hands on experiences in our neighborhoods.

We hope you enjoy reading about learning by doing at FH. If you have any ideas for new educational projects we hope you contact one of our schools.

“Tell me and I forget. Teach me and I remember. Involve me and I learn.”

Benjamin Franklin
For 25 years Federal Hocking students have been learning side-by-side with area professionals, business people, farmers, first responders, teachers, and more through our Internship Program.

Over 100 sites in Athens and surrounding counties give our students the chance to learn the skills and responsibilities of the world of work and civic engagement.

This year 58 juniors and seniors will depart for part of the school day to intern doing everything from assisting in veterinary surgery to rebuilding engines to filing legal claims. Every internship is

custom-made to both meet the interests of students and the needs of the internship site. Often these internships lead to summer jobs, future employment, and scholarships.

According to Principal Cliff Bonner, “The internship program provides students with an opportunity to gain experience and learn skills like public relations, work habits, and getting along with colleagues. For many, this is their first job experience. It is really about them finding out what they do not like to do, as well as what types of work they enjoy.”

Students in the program not only report to field sites they also keep journals, meet regularly on campus for seminars, and prepare a final reflective essay on their experience. The program is led by teacher Renee Ripple. “I take every student on an interview to help find the best placement possible,” she notes. “Sometimes, it takes students two or three different meetings to try to decide which site would best fit with their current interests. One of my future goals is to also offer job shadowing days for sophomores and juniors so they can enter the internship program better informed. It is a joy to go on site visits and witness the ownership and pride in our students.”

If you would like to know more about the internship program or sponsor an intern, please email Ms. Ripple: ripple@fhancers.com
Students Amesville Elementary make a difference for those in need while learning ceramics. The annual Empty Bowls project involves all students in ceramics, making bowls in art class. They also learn about families in need. They put these two things together and offer their bowls for sale at an evening event and then send all the money raised on to the food bank in Amesville.

According to Amesville Principal Jenny Spero, the event is modeled after an event that was started by artists in Detroit. “They decided to make bowls and host a soup supper. They raised money by selling the bowls they made. That’s exactly what we do here!”

For the past six years the project has been led at Amesville by art teacher Katie Pierce and guidance counselor Jamie Linscott. “We hold a soup dinner and sell all the pots for $3 each,” said Pierce. She also pointed out that the school receives donations from the Ohio University Ceramics department, The Dairy Barn and other local potters to be sold during a silent auction.

“This year we raised over $1120,” noted Linscott. “That money goes right here in Amesville so local families can have greater access to the food pantry. The kids not only learn about hunger, they also learn they can do something about it. It gives them a feeling of confidence that they can make a difference in their world.”

To celebrate Veterans’ Day our students spent time thanking district vets as well as learning about their service. At Coolville an all-school assembly was held that featured local veterans talking about their service, and why it is important to serve. Students then had time to talk with veterans in their classrooms, learning about what it was like to defend our country and its values. There was also the traditional ‘walk of honor’ with every student filing past the visiting veterans and thanking them for their service to our country.

At the Middle and High School students watched a documentary about veterans and discussed that in class. Then they created post cards to send to veterans and their families. The cards were on display in the school for several weeks before being sent on. In addition, the Lancer Marching Band continued their proud tradition of marching in the Athens County Veterans’ Day Parade.

“We want students to do more than say thank you for your service,” noted Mary Mitchell, Coolville Principal. “We want them to know both about how veterans served as well as what that service was in defense of.” Thanks to all of our students for honoring our area veterans.
At all three FH campuses students and their families can find extra support due to the generosity of the FH community.

Each building has a process where any student can get a helping hand. Here is what’s available.

**Middle and High School**
The middle and high school food and clothing pantry was originally funded by grant money but now sustains itself through monetary and food donations. Students can bring in non-perishables for citizenship points, but most often donations come from the community. Students are allowed to stop in after school and put food in their backpacks to take home. Some of them come once a week, most often on Friday. At times, parents with needs will call and stop in after school to pick up food/supplies. We have both perishables and non-perishables. We bought the fridge/freezer with grant money so we could provide venison/local meat if donated. Additionally, clothing, household goods and toiletries are available. This year there were also boxes put together for families to take home for the holidays.

**Amesville Elementary**
Food bags from Amesville go home once a month. They typically are sent home the 3rd Friday of the month. At the beginning of the school year, the school guidance counselor, Jamie Linscott, reaches out to families to see if this is something they might be in need of. Food is bagged by volunteers and then distributed by the staff. Bags are slipped in lockers or backpacks of students. The program is mostly funded by donations and grants. This year, Amesville received a $1000 donation from Airclaws and a $4000 donation through the Athens Foundation to help with the project. We also received $1000 from a community member.

**Coolville Elementary**
Coolville also provides food bags once a month. At the beginning of the year Whitney Putman, the guidance counselor sent home permission slips to every student in preschool through second grade and made a list of families needing help based upon that. Any older siblings of those students were also added to the list, along with everyone who was on the list last year. All new students also received a permission slip. Coolville’s program is funded through donations and parent Amy Hill and her mother, shop and fill the bags every month (which is no easy task, as there are about 95 students taking home a food bag each month). Bags usually go home on the last Friday of the month or right before a big break (holidays and spring break). Once the bags are filled, they are put in students’ lockers or in their backpacks for them to take home that day.

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**STUDENTS & COMMUNITY**

**Supporting our Students in Need**

Are you able to help? Please bring these items to any of our schools
* Only the Middle/High School can take items that require refrigeration.

- Canned or boxed food
- Perishable foods*
- Frozen venison/meat*
- Coats, clothing
- Household goods
- Toiletries
- School supplies

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**LANCERS ARE...**

**PERSISTENT**
Lancers take risks, accept challenges, and persist until they succeed.

**RESPONSIBLE**
Lancers own their work, behavior, materials, and time.

**RESPECTFUL**
Lancers communicate by listening respectfully to others and responding appropriately.

**PROBLEM-SOLVERS**
Lancers use critical and flexible thinking to find positive solutions.

**CARING**
Lancers demonstrate pride in self by contributing in positive ways to the school community.

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**GET IN THE HABIT!**
As always, there are exciting things going on in your school district, especially when it comes to upgrading our facilities. Here are some updates and photos of what is going on!

**PLAY BALL**

**New Maple Floor, Ready for Tip-off!**

The 50+ year old gym floor in the high school has provided students and fans with plenty of thrills and good times. But even gym floors get worn out and after some more water damage this past summer it was time to replace it. The FH School Board used funds they had prudently set aside for emergency repairs and approved a project to replace the entire floor with a new, maple surface. The project is now complete and waiting for tip-off for our girls and boys basketball season.
**LIGHTS, CAMERAS, ACTION**

**New Theater Coming Soon!**
The refurbishing and upgrading of the current ‘cafeatorium’ at the Middle and High School into a **state-of-the-art performing and exhibition space** is well underway. The new conductor’s podium and art display spaces have arrived. Comfortable new theater-style chairs, new curtains, lights, and sound equipment are all ordered and some installation will begin in late December. The new dressing room is finished and plans are underway for the sound and light booth. When the project is completed our students will have a place to perform music and plays as well as display their artwork. Additionally, the new equipment will allow us to train our students with industry standard materials. Opening day for the new facility will be in April or May.

**There is still time — you too can play a major roll in our theater project!**
Theater seat sponsorships are available for only $200. Email George Wood to find out how you can be a part of making Federal Hocking history! gwood@fhlancers.com

New lights, sound, dressing rooms…and more to come!
TIME TO PLAY
Land Secured for Playground
With the help of a number of funders and the Athens County Commissioners new playground land has been found for Coolville Elementary. A derelict property next to the school was purchased by the County and given to the school district. Additional funders have come forward to support the landscaping of the area and new playground equipment. This facility will also be open to the residents of Coolville when school is not in session. We thank all of our supporters in this project which we hope to have finished in the spring. Look for photos in the next Lancer Letter.
Child Find Services  If you suspect your child, age three and up, might have a learning disability you are encouraged to contact Jake Amlin (740-662-2123 or jamlin@fhlancers.com) for support from the District. We can arrange for individual testing and additional services. Also, for all children ages birth to four, the Little Lancer Program offers activities, home visits, and more. To access these services please contact Mr. Amlin or our Early Childhood Outreach Teacher April Fields at 740-662-6691 or afields@fhlancers.com.

We wrapped up 2019 with some special December events!

The FH Drama Club performed A Christmas Carol

The Angel Tree, a favorite tradition at Federal Hocking, raised money purchase gifts for children in Athens County.
Before I put on my clinical hat and tell you lots of things I have found interesting about sleep research these days, I want to mention what some parents I have spoken with have told me. They tell me that their kids have devices in their bedrooms and their children are getting good about not using them by a certain hour. And my response is YES! AND … although this is probably true, once they hit the preteen and teen years and perhaps a boyfriend or girlfriend comes into the picture, or say another drama has really hit the road, or… – resisting devices can become impossible. (Not to mention they are tired so executive function, i.e. willpower and self-control goes down exponentially).

So if your child has any devices in their bedroom, even a teen, and sleeps fine with them—this is all about realizing that something will come up that will change that so doing the work to set up a sound sleep policy is a good idea.

Getting back into the new school year and on to regular sleep patterns is critical.

A major study showed that lack of sleep among our children has become a public health concern: 75% of teens do not get the recommended eight to 10 hours of sleep. This can lead to higher levels of mental health problems, accidents, lower academic engagement and much more. But how to help our kids and teens get more and better sleep?

Leslie Walker-Harding, a pediatrician and chair of the Department of Pediatrics at the University of Washington recently told me, “Sometimes a sleep deprived teenager will appear just like they have anxiety, clinical anxiety or clinical depression and its sleep.”

Forty percent of teens say that most school nights they get less than seven hours of sleep and there’s a strong association between more screen time and less sleep. Since 2012, when the prevalence of teens owning smartphones started to increase, the number of hours teens sleep has steeply decreased.

If there is one screen time rule I am absolute about in my house it is that personal devices stay out of all our bedrooms when we go to sleep. It has taken a lot of reminding, but many years in now, it’s a lot easier and there are very few battles with my teens around this rule.

The social interaction, stimulation, and draw of endless entertainment are of course a big reason why keeping tech out of the bedroom is a good idea, but the blue light that emits from these devices is a factor too. This type of light has been shown that it can delay the release of sleep-inducing melatonin and can disrupt the REM sleep. The most recent study I saw on this said it appears to only impact it by about 10 minutes but still that is something.

“This is an especially big problem for teens whose circadian rhythms are already shifting naturally, causing them to feel awake later at night,” the National Sleep Foundation says on its page about how blue light affects kids and sleep. “The end result: sleep-deprived or poorly rested kids who have essentially given themselves a mini case of jet lag.”

**Here are the latest sleep guidelines from The American Academy of Sleep Medicine (AASM):**

- Children six to 12 years of age should sleep nine to 12 hours per 24 hours on a regular basis to promote optimal health.
- Teenagers 13 to 18 years of age should sleep eight to 10 hours per 24 hours on a regular basis to promote optimal health.

**Here are a few questions to get the conversation started this week:**

- **How many hours of sleep do you think is optimal for you?** Then, show them what the AASM recommends.
- **What time do you think would be a good time to take all your personal devices out of the room?** If they say they need their phone as an alarm clock, you might offer to get them a standard cheap alarm clock.
- **Where might be a good spot in the house to deposit the devices?**

For more information please go to www.screenagersmovie.com
The Hopewell Health Centers **Lancer Care Clinic** is open all year long, even when school is not in session (with exception to major holidays).

We can provide health care services for your whole family! We are a full service primary care clinic and serve patients from newborn to geriatric.

Megan Spergin APRN, FNP-C
Megan graduated from Miller High School in 2011. She graduated from Ohio University-Zanesville in 2013 with her RN, Ohio University Athens with her BSN in 2014, and her Masters and Family Nurse Practitioner degree in 2018 from Chamberlain University. She is a proud fur mom to her cats and dogs. In her free time, she enjoys the outdoors, crafting, and farming. Megan resides at Burr Oak State Park.

Crystal Bolin LPN, CDCA
Crystal is a 2004 graduate of Federal Hocking High School and a 2015 graduate of Hocking College where she earned her Licensed Practical Nursing Degree. She earned her Chemical Dependency Counselor Assistant Certification in 2017. She has four children with her husband Dustin who is a teacher at Tri-County. In her free time, she enjoys doing anything outdoors. Crystal currently resides in Guysville.

Kelsey Zimmerman CMA
Kelsey graduated from Athens High School in 2016 and from Hocking College with her Certified Medical Assistant in 2018. She started her career with Hopewell Health Centers where she also performed clinicals. She and her fiancé Cody are proud parents to their fur kid Ryder. She enjoys spending time with her family and friends, photography, and crafting in her spare time. Kelsey currently resides in Millfield.

Please call to schedule an appointment:
740-662-0541
Urgent Care and Primary Care: What’s the Difference?

Liam scored his first goal … and then promptly rolled his ankle. It’s swollen, it’s black and blue, it’s painful. Where should you take him? Well, it depends on the type of injury and how bad it is.

Should I go to the emergency department?
Treats severe and life-threatening conditions, including:
- Difficulty breathing, shortness of breath
- Bone fractures, severe cuts or wounds, burns
- Chest or upper abdominal pain or pressure
- Fainting, sudden dizziness, weakness
- Changes in vision, difficulty speaking
- Confusion, suicidal feelings, changes in mental status
- Any sudden or severe pain, abdominal pain
- Uncontrolled bleeding
- Severe or persistent vomiting or diarrhea
- Coughing or vomiting blood
- Suspected poisoning
- Pregnancy-related complications

Should I go to urgent care?
Diagnoses and treats conditions that are not life-threatening yet need to be addressed promptly, including:
- Cold and cough, sore throat
- Allergies, sinus infections
- Minor eye infections
- Urinary tract infections, STD testing
- Earaches
- Fever, flu-like symptoms
- Minor back pain
- Upset stomach
- Vomiting and diarrhea
- Insect bites, rashes, minor abscesses
- Minor burns
- Minor cuts/lacerations, wound care
- Minor breaks, sprains and strains
- Abrasions, removal of superficial foreign bodies
- Urgent care also offers the following:
  - On-site X-rays
  - Select labs
  - Drug screens
  - Select immunizations
  - Sports physicals

Should I go to my primary care physician?
As part of an ongoing medical relationship, helps manage your overall health, such as:
- Preventive, wellness and illness care
- Management of chronic disease and conditions
- Annual health screening examinations
- Comprehensive physical examinations for all ages
- School and sports physicals
- Care for newborns, infants and adolescents
- Male and female exams
- Anxiety, depression and mood disorders
- Sick visits and immunizations
Holzer Shares Seasonal Flu Information

With flu season quickly, approaching Holzer Health System wants to remind you that flu is a serious contagious disease that can lead to hospitalization and even death. Protect yourself and your family this season with these three actions to fight flu:

Get a flu vaccine.
Everyone six months of age and older should get a flu vaccine. A yearly flu vaccine is the first and most important step in protecting against the flu. Flu vaccination can reduce flu illnesses, doctor visits, and prevent flu-related hospitalizations. Receiving the flu vaccine also protects people around you, including those who are more vulnerable to serious flu illness, such as babies and young children, older people, and people with certain chronic health conditions.

Take everyday actions to stop the germs.
Try to avoid close contact with sick people, and if you become sick, limit your contact with others. When possible, stay home for at least 24 hours after your fever is gone. Cover your nose and mouth with a tissue when you cough or sneeze, and wash your hands often with soap and water. If soap and water are not available, use an alcohol-based rub. Avoid touching your eyes, nose, and mouth. Clean and disinfect surfaces and objects that may be contaminated with germs.

Take flu antiviral drugs if your doctor prescribes them.
If you are diagnosed with the flu, prescriptions medicine can be used to treat flu illness. Antiviral drugs can make illness milder, shorten recovery time, and may prevent serious flu complications.

Flu viruses are thought to spread mainly from person to person through droplets when people with the virus cough, sneeze, or talk. Flu viruses also may spread when people touch something with the virus on it and then touch their mouth, eyes or nose. People infected with the flu may be able to infect others beginning one day before symptoms develop and up to five to seven days after becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as when you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than five to seven days.

Flu symptoms do vary from person to person. In general, people who have the flu often feel some or all of these symptoms:

• Fever or feeling feverish/chills (not everyone with flu will have fever)
• Cough
• Sore throat
• Runny or stuffy nose
• Muscle or body aches
• Headaches
• Fatigue (tiredness)
• Vomiting and diarrhea, although this is more common in children than adults

If you or a loved one begin to exhibit these symptoms, please see your primary care provider for treatment. If you have not received a flu vaccination this year, it is not too late. Holzer, along with the CDC, encourages all individuals age six months and up to be vaccinated against the flu.

This information is brought to you from Holzer Health System.
Many great things have happened at Federal Hocking during the first semester of the 2019-2020 school year. New students and staff, including myself, are getting settled. Students and community members have seen STEM Night at Coolville Elementary and Empty Bowls at Amesville Elementary. Federal Hocking Secondary School students have participated in internships, the FFA National Convention in Indianapolis, athletics, drama, and many other activities.

C.A.R.E.

Federal Hocking continues to work with Ohio University in the C.A.R.E. PDS Partnership. C.A.R.E. (Creative, Active and Reflective Educators) is a professional development partnership involving Federal Hocking Local Schools and the O.U. Patton College of Education in work that benefits public school students and pre-service teachers. Many of our teachers are not only hosts to C.A.R.E. students, but are instructors for the program. This is a twenty-seven year old partnership that is unique to Federal Hocking.

Facilities

A new floor was installed in the D. C. McInturf gymnasium at the conclusion of the fall sports season and the first home game was played on it November 29, 2019. Other facility improvements that will take place over the course of the year include new controls and valves for the HVAC systems at Amesville and Coolville Elementary Schools, auditorium sound and lighting upgrades, and a functional living lab at the Secondary School for students with disabilities.

School Funding

School funding for fiscal year 2019-2020 is being held flat to 2018-2019 numbers. The Ohio Legislature is currently holding hearings on a new school funding formula that focuses on equity, but it may be some time before a new funding formula is approved. At this point there are many things that are uncertain about funding. While revenue is projected to be “flat” for this year, next year the district does have an adequate cash balance. We continue to watch the funding debate closing as we continue to be good stewards of district resources.

Federal Hocking students receive quality education that include opportunities for internship experiences, community service, and extracurricular activities. We are fortunate to have staff in all roles that care about what students experience on the bus, during school, and after school. We all work hard to get better every day!

Sincerely,

David Hanning, Superintendent
Federal Hocking Local Schools

Monday, January 20
No School, Martin Luther King, Jr. Day

Friday, Feb. 14
Two-hour early dismissal, Staff Development

Monday, February 17
No School, Presidents’ Day

Monday, March 9 – Friday, March 13
No School, Spring Break

Tuesday, March 17
No School, Staff Development and Election Day

Monday, May 4
No School for Students, Senior Portfolio Day

Friday, May 22, 2020
Last Day for Students